

BUSINESS	Products/Services	Contact/Phone	E-mail	Website
42nd Field Artillery Regiment (Lanark & Renfrew Scottish)	museum display of our proud history/recruiting info for our future	613-732-4470 ext.209	mary.taylor-baptiste@forces.gc.ca	www.forces.ca
Advanced Air Quality Inc.	duct cleaning, air filters, air exchangers	Mark Wiles 1-866-273-9016	mark@advancedairquality.ca	www.advancedairquality.ca
Alagra Marketing - Custom Fit Bras	custom fit bras	1-800-998-0373		
Alagra Marketing - Watkins	Watkins products	1-800-998-0373		
Alterna Savings	financial services		Sean Dennison - Manager, Ontario North	
AmeriSpec Inspection Services	home inspections, eco energy rebates	Ralph Banks 613-646-2852	inspector@amerispec.on.ca	www.amerispec.on.ca
Amyotte's Clothes & Promotions				
Aqua Flora Fantasys	polymer beads and lites for your floral decorating pleasures!	William Makort 613-432-9643	info@aquaflofantasys.com	www.aquaflofantasys.com
Arbonne International				
Bags, Shoes, Clothes . . . Anything Goes!	.925 silver jewellery, plain or with semi-precious stones - pendants/	Sharon Parent 613-628-5000	rings/chains/bracelets. "REASONABLE" "A bit different from the rest!"	222 Bridge St., Eganville Mon.-Sat. 10-5
Barclay Dick & Son Farm Supply	locally grown birdfeed, sun flowers & wildlife feeds	613-649-2440	cropcare@nrtco.net	Kevin Topham and Jennifer Doelman
BARNEY McCAFFREY	Our famous wandering troubador with his accordion!		Saturday and Sunday noon 'til 4 p.m.	
Bernadette McCann House	We will highlight our programs & services, & give out promo items	Gwen Rutland 613- 732-7776 ext 105	rutlandg@wsssbmh.org	www.wsssbmh.org
Bibles for Missions Thrift Store	not for profit store; money used to buy Bibles for around the world	Brenda Leach 613-687-0676	leach_brenda@hotmail.com	147 Mackay St., Pembroke M-F 6:30-4:30; Sat. 10-3
Blok Swimming Pools and Hot Tubs	sales, installation; in, above & on ground pools: TidalFit Swim Spas	Dave Fraser 613-735-6845	daveblokpools@nrtco.net	www.blokpools.com
Blue Whale Roofing				
Boot Camp				
Boys and Girls Club of Pembroke	before and after school programs and Summer Day Camp info.	Bonnie Schryer 613-735-1933	bonnie.s@boysandgirlsclubofpembroke.com	www.boysandgirlsclubofpembroke.com

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C.A.A. North & East Ontario	emergency roadside & travel club	1-800-JOIN-CAA		
Cache Candles				
Cake On Your Face				
Canadian Diabetes Association	literature, resources, and diabetes risk assessment	R. Lebovitz Pelletier 613-688-5933	renee.lebovitz@diabetes.ca	www.diabetes.ca
Canadian Scholarship Consultants Inc.	registered education saving plans (RESP) - LUCKY DRAWS	Emmy Kulai 613-732-3439	emmy.kulai@cstresp.com	www.cst.org/
caroknits	knitted items and sock monkeys	Carolina Bannister 613-687-1103	caroknits@yahoo.ca	
Ceremonies & Memories	Special ceremonies for Weddings - Baptisms - Funerals - Blessings	613-732-8416	ceremonies.memories@gmail.com	Christine Passnick or Neil Robinson
Cogeco Cable				
Colleen Sutherland - Lifelong Financial Solutions - Sun Life	insurance-life,disability,long-term care,critical illness; RRSP; mutuals	C. Sutherland 613-732-1374	colleen.sutherland@sunlife.com	www.sunlife.ca/colleen.sutherland
Committee to Re-elect John Yakabuski				
Conservative Party Renfrew-Nipissing-Pembroke	federal government services		Karen McDonald	
Countryside Lane Inc.	heavily scented candles etc. in over 99 fragrances! Made in the Valley!	Lynn/Dan Neville 613-625-1529	candles@CountrysideLane.com	www.CountrysideLane.com
Creative Memories - Independent Consultant	I sell quality scrapbooking products & custom make albums	Wendy King 613-687-5486	silverking66@gmail.com	www.mycmsite.com/wendyking
Crime Stoppers	community service		K.Bertrand/Const.Ethier	www.valleytips.ca
Cutco Cutlery				
DB Kettle Corn	fresh popped kettlecorn	Diana Boulianne 613-635-7934	dbkettlecorn@sympatico.ca	
Direct Energy Essential Home Services	simply the best in home heating & cooling products, installation & service	1-800-266-3939		
Ducks Unlimited	wetland conservation	Bob MacKenzie 613-687-8217		

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Eco Therm Applications	spray foam insulation - cellulose and blown in fibreglass	Douglas Voigt 613-582-7257	ecothermapapplications@gmail.com	Jeremy Voigt 613-281-3626
Ellie's Place	vintage lighting, jewellery & glass	613-735-6498	ehicks708@hotmail.com	
Epicure Selections, Mary Kelly Independent Consultant	specialty food products & quality cookware		www.epicureselections.com/mary_kelly.aspx	
Expressions Hair Styling, Tanning & Nail Enhancement	hair services, tanning, nail enhancements	Kathy Perras 613-687-6743	kathyrn@healingroom.ca	www.healingroom.ca
Fifth Avenue Collection Jewellery	high line fashion jewellery direct sales	Gwen Greenstock 613-687-8011	gwynethg@nrtco.net	www.fifthavenuecollection.com/ggreenstock
GallantMEDIA	web development, graphic design, marketing	Shawn Gallant 613-629-2179	info@gallantmedia.ca	www.gallantmedia.ca
Glenergy	12 volt lighting and off grid systems	Ally 613-687-2310	ally@glenergy.ca	www.glenergy.ca
Gold Canyon Candles -Danielle Colacci, Ind. Demonstrator	We provide the world's finest candles and scented products.	Danielle Colacci 613-735-8838	danielle.colacci@goldcanyoncandle.ca	www.mycgc.com/danisgc
Good Enuf To Eat Catering	Catering for all occasions - full meals, canapes, lunches, desserts	C. Kippenhuck 613-633-1453	crystal@goodenuftoecatcatering.com	www.goodenuftoecatcatering.com
Gord Angus				
Heather Vitkuske Photography				
Heels Over Head Xperience Gymnastics	women's & men's artistic gymnastics, trampoline, adult classes	Dmitri Lely 613-735-4937	dlELY@webhart.net	www.xperiencegymnastics.com
Helferty's Disaster Restoration				
Hydro One	information & brochures on energy conservation	Hydro One		www.powersaver.ca
Investors Group Financial Services	retirement, tax planning; mortgages, loans; insurance; investments	Mark or Ken 613-735-3442	mark.jennings@investorsgroup.com OR ken.bertrand@investorsgroup.com	www.investorsgroup.com
Isagenix International	health & wellness - nutritional cleansing - weight loss - energy+.	Sue Lebrun 819-689-2103	lebrun.sue@gmail.com	www.aceyourlife.isagenix.com
Jack & Pookie Publishing	anime illust. books on disks, card games, plush toys, charms. etc.	Richard Leblanc 613-697-4179	japookins@yahoo.ca	www.jack-and-pookie.com
Joey's Piccoli Donut Factory				www.joeypiccoli-donutfactory.com

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John A. Butler Photography	studio and location photography	John Butler 613-401-0462	john@johnabutler.com	www.johnabutler.com
JSC Factory Direct	hand carved wooden products; six piece sheet sets;	John Curnew 416-320-9096	john_curnew@yahoo.com	pet de-shedding tool; upside-down tomato planter
Just Jewelry	chic, stylish, affordable Jewelry that can revamp any wardrobe	E. Jankovic (613) 685-0360/602-2232	smallfry03@live.ca	www.itsjustjewelry/ elizabethjankovic
Katherine MacKinnon's Photography and Fine Art				
Katherine MacKinnon's Nail Stamping Supplies				
Kindermusik with MEA	Deep River, Petawawa, Pembroke, Ottawa	Marion Arthur 613-312-7270	measmusic@gmail.com	www.measmusic.com
Krysta's Makeover				
Leisure Days RV Centre				
Lil's Booth	baby quilts, towels, place mats, and other handmade décor items	613-687-8255		
Marileway Farms	Saturday & Sunday - locally grown vegetables			
Marina D'Arthenay, Financial Advisor, Edward Jones	investment services, incl.stocks, bonds, mutual funds, life ins.	Marina D'Arthenay 613-732-1923	marina.d'arthenay@edwardjones.com	www.edwardjones.com
Mary Kay Cosmetics, Canada	world-renowned class skin care and colour cosmetics	P.BehnkeVanHoof 613-687-7543	pam.marykay@nrtco.net	www.marykay.ca/pbehnke- vanhoof
Massaging Insoles by Pacesetter Enterprises Inc.	our insoles cushion, increase cir- culation & massage at every step	807-404-4567	info@massaginginsoles.ca	www.massaginginsoles.ca
McKie Pools and Spas	hot tubs, pools (above and in gr.), saunas, gazebos, sunrooms	613-687-2688		www.mckiepoolsandspas.com
Medigas/Praxair				
Mendenco Tires & Auto Sales				
Mortgage Intelligence	new purchases,refinances,renew- als,pre-approvals,equity take-outs	Chantal Rook 613-312-9732	Chantal.rook@migroup.ca	www.migroup.ca/chantalrook
Norwex - Lydia Pleau, Consultant	SAVE time, money, health and the environment with . . .	Lydia Pleau 613-432-6628	lydiapleau@yahoo.com	Enviro Cloth - use <u>only</u> water!

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O.P.P. - Auxiliary				
O.P.P. - Upper Ottawa Valley Detachment	promotion of safety in our community	613-735-0188	Constable Beth Ethier	
O.S.W.C.A.				
OLS - On-Line Support				
Ottawa Valley Eco Services	ordinary people saving the world ... one building at a time!!	613-638-2155	gwryan@nrtco.net	
Ottawa Valley Mixed Martial Arts & Fitness Club	competitive martial arts training, self defense/fitness instruction	Charles Johnstone 613-852-2427	Sat. 10 am - 5 pm; Sun. 1 - 5 pm	165 John St. Eganville
OVJobs.ca	The best website in the Ottawa Valley for local jobs!	Jennifer Layman 613-732-7774	employers@ovjobs.ca	www.ovjobs.ca
Patricia's Jams, Jellies, Pickles & Relishes	home made jams & jellies, pickles & relishes	613-732-7380	Patricia Lundrigan	
Pat's Baby Corner				www.patsbabycorner.com
Petawawa Employment Service	free and confidential service from Petawawa to Deux Rivieres	613-687-1717	easpmfrc@bellnet.ca	www.familyforce.ca/sites/Petawawa/EN/Employment%20Assistance
Petawawa Grannies	information brochures, books, Pashiminas, totebags,	Jean Ostrom 613-687-2053	ostrom@nrtco.net	. . . greeting cards and stuffed toys
Petawawa Herbal Magic	weight loss & nutrition center	687-2652	petawawa@herbalmagic.ca	www.herbalmagic.com
Petawawa Heritage Society	heritage and culture	Ann McIntyre 613-687-5054	ann_sympatico.ca	www.petawawaheritagevillage.com
Platypus Creations				
R&M Sales - Leather Products	leather jackets/vests/belts/wallets plus something for everyone!	Richard Pilon 819-689-2596	r.m.pilon@picanoc.ca	
RADICAL SCIENCE - Chemistry & Physics Shows		613-692-1980	presented by RADICAL SCIENCE by Little Ray's	www.radicalscience.ca
Rain Catcher Seamless Eavestrough	seamless eavestroughing and GutterStuff trough protection	Dave McKellar 613-732-9223	dave@raincatcher.ca	www.raincatcher.ca
Rainer Willig - RE/MAX Pembroke Realty		Rainer Willig 613-639-0631	willig-1@hotmail.ca	www.rainerwillig.com

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Rawleigh Products and +Arthri-Plus	baking supplies, ointments, med. salve/spray for aches & pains	Howard Wilson	613-646-2690	Box 332, Cobden, ON
Renegade Tattoo Canada	tattooing, airbrushing, piercing, jewelry sales	David Sanders 613-687-8461	renegade@renegadetattoo.ca	www.renegadetattoo.ca
Renfrew County Child Poverty Action Network (CPAN)	practical assistance, education, advocacy for systematic change	Lyn Smith 735-2374 ext.250	lsmith@phoenixctr.com	www.renfrewcountycpan.ca
Renfrew County Diabetes Education Program				
Renfrew-Nipissing-Pembroke New Democratic Party				
Riders' Quest Magazine				
Riverview Heights Retirement Centre				
Rogers - Beyond Wireless - Pembroke	cell phones - quick messaging & smartphones (at BOTH stores)	Wendy Price Mgr. 613-732-1602	wendy.price@beyondwireless.ca	www.beyondwireless.ca OR
Rogers - Beyond Wireless - Petawawa	mobile internet - rocket hubs/sticks, spot devices (both stores)	Inside Henry's Furniture 613-401-1464	Petawawa - M & Sat 9-5; Tu, W & F 9-6; Th. 9-8 Pembroke - M-F 8-6; Sat. 9-6	www.rogers.com
Scentsy	flameless, smokeless & soot-free candle bars & electric warmers	Jennifer Hennick 613-687-4615	thehennicks@hotmail.com	www.jenniferhennick.scentsy.ca
Security Experts	residential/commercial alarm, video equipment, medical alarm	Carl Gauthier 613-633-1833	cgauthier@bionest.ca	and monitoring
Service Canada				
Shelly Philpott Independent PartyLite Consultant	candles, holders, home décor Hiring	S. Philpott (613) 687-8402/588-7538	shellyphilpott@hotmail.com	www.partylite.biz/candleladysshelly
Some Crafty				
Spirit Sisters				
Stella and Dot Jewelry	women's high fashion, couture jewelry	Julie Simmonds 613-639-4271	Julie@chickachoo.com	www.stelladot.com/sites/Juliesimmonds
Studio Leslie Anne				
Teather Security				

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Terry Pierce, Artist	water colours, painted glass			
The Bathtub Liner Inc.	acrylic tubs,walls; shower conversions; sinks, toilets, vanities, etc.	Steve or Pat 613-646-7203	thebathtubliner@nrtco.net	www.bathroomresolutions.ca
The Green Force Initiative				www.thegreemforce.ca
The Healing Room Wellness Spa	spa packages, registered massage therapy	Kathy Perras 613-687-6743	kathyrn@healingroom.ca	www.healingroom.ca
The Jason (Jay) Parent "Give All the Kids a Chance" Fund	Registered charity to honour Jay's love of children & generous spirit.	his generous spirit	sharon.parent@hotmail.com	Benefits Killaloe, Golden Lake, Eganville, Foymount children
The Pampered Angel	locally hand made natural lip balms, foot scrubs, organic soap, etc.	Teresa Rabishaw	ThePamperedAngel@live.ca	www.facebook.com/ThePamperedAngel
The Pampered Chef	new entertainment products;stone-ware, reliable kitchen products	Kimberly Ashton 613-589-2545	c.ashton@sympatico.ca	www.pamperedchef.biz/ashtonka
The Phoenix Centre for Children and Families	mental health services, Incredible Race Event; FAN Club	Charlene Chaput 735-2374 ext.226	cchaput@phoenixctr.com	www.phoenixctr.com
The Toy Nook				
Theresa Demers				
Titanium Exclusive Cookware Inc.	non-stick titanium cookware	Jacqueline Colley 416-292-8151	titanium@on.aibn.com	www.titaniumexclusive.com
Total Battery Pembroke				
Town of Petawawa	information, brochures, draw for prizes	Cyndy Phillips 613-687-5536	cphillips@petawawa.ca	www.petawawa.ca
Town of Petawawa Fire Department	info.-fire prevention,smoke & CO alarms,escape plans, job applic's	Fire Chief S. Knott 613-687-4759	sknott@petawawa.ca	www.petawawa.ca
Travelonly	travel consultants providing personal service @ internet prices	Brian Kendrick/Robbie or Dee 613-635-7000	bkendrick@travelonly.com or rrumboldt@travelonly.com travelonly.com / d.graham@travelonly.com	www.travelonlyvacations.ca
Twirlers, Massage Cushions & Thunderhead Showerhead	baking supplies,ointments,med. salve/spray for aches & pains	Howard Wilson	613-646-2690	Box 332, Cobden, ON
Twisted Sisters Art	watercolor & oil paintings		613-584-1396 or 613-584-1483	
Universal Inkjet				

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Uppercase Living				
Valley Arts Council				
Valley Backyard Leisure Centre	sunrooms and hot tubs	Ron Moss 613-735-6843	vwd@nrtco.net	www.valleywindowanddoor.com
Valley Bowl	birthday parties/company outings /snack bar/LLBO/League bowling	613-687-4525	brooks@on.aibn.com	Roy Brooks
Valley Pool Service Inc.	Marquis Spas,Cansspa hot tubs, Bioguard Chem., "Quality & Service"	Dave Beauchamp 613-735-3303	valleypoolserv@nrtco.net	www.valleypoolservice.ca
Valley Vapors - Electric Cigarettes				
Valley Vendor	FREE classified paper - read by everyone - best place to advertise	Ray Pappin 613-638-3256	ray.pappin@valleyvendor.biz	www.valleyvendor.biz
Valley Window and Door	windows and doors	R.Moss/J.Jessup 613-735-6843	vwd@nrtco.net	www.valleywindowanddoor.ca
Valley Wines	wine and beer kits along with wine & beer making equipment	Brian McInall 613-584-2118	valleywines@bellnet.ca	www.valleywines.ca
Val's Crocheted Creations				
Vanderbrook Farm & Natural Horsemanship Center	equine assisted therapies, boarding, lessons, barefoot hoofcare	Alison Vandergragt 638-2005/757-1078	Vanderbrookfarm@gmail.com	www.vanderbrookfarm.blogspot.com
VANDERBROOK FARM DEMO & HORSEBACK RIDES				
Viceroy Homes	pre-engineered home manufacturer	Richard Beaulieu 1-888-423-7696	rbeaulieu@viceroy.com info@viceroy.com	www.viceroy.com
Victim Services of Renfrew County (RCVCARS)	volunteer opportunities & services offered	Faye Cassista 613-649-2852	rcvcars-faye@webhart.net	www.renfrewcountyvcars.ca
Visalus Sciences - Body By Vi	90 day challenge for health/nutrition weight loss; lean muscle mass gain	Dee Colborne 613-732-7198	deecolborne@sympatico.ca	http://deecolborne.bodyvi.com
W.O. Stinson & Son Ltd.	home comfort products, furnaces, a/c units, pool heaters, kitchen ranges	Shelley Tabbert 613-732-7400	stabbert@wostinson.com	www.wostinson.com
WC.Edwards Distribution	hardwood flooring, kitchen cabinets	Gary Mirault 613-732-7337	gmirault@huskylumber.com	
Well Masters	water conditioning - Keurig coffee machines - K-Cups - bottled water	Ralph Banks 613-646-7286	info@wellmasters.com	www.wellmasters.com

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Whitewater Cobden Sun	Whitewater Region's only ind. pub. community newspaper since 1895	Howard Winters 613-646-2380	cobdensunpub@nrtco.net	Serving Renfrew to Pembroke, Foresters Falls to Douglas!
Women's Sexual Assault Centre of Renfrew County	support for survivors of sexual violence	Jancy Brown 613-735-5551	communicationscoordinator@vianet.ca	www.wsac.ca
Worthington & Price Painting & Decorating	renovations & painting & roofing	Lise Emond 613-732-3111	w.p@worthingtonandprice.com	www.worthingtonandprice.com
Zumba				
Check back to see	who else signs up!			September 10, 2011.